

EMMETSBURG COMMUNITY SCHOOLS -HOT LUNCH MENU

MARCH 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 State Fair Corn Dog Scalloped Potatoes Carrots Chocolate Cake Ketchup/Mustard	2 Country Fried Steak Mashed Potatoes Gravy/Butter Peas Rosy Applesauce	3 Grill Chicken/Alfredo Noodles Fresh Veggies/Dip Peaches Garlic Breadstick	4 E'Hawk Maidrite Tri Taters Corn Pineapple/Mandarin Mix Oatmeal Crunchy Bar	5 Cheese Pizza Garden Salad Dressing/Croutons Apricots School Cookie
8 Deluxe Burger/Bun Cheese/Lettuce/Tomato Potato Wedges Baked Beans Rice Krispy Bar	9 Chicken Nuggets/Dips Mashed Potatoes Gravy Cooked Carrots School Cake	10 Taco Fritos Taco Meat/Cheese Lettuce/Tomato/Salsa Buttered Corn Mixed Fruit/Churro	11 Hot Turkey/Bun Sweet Potatoes Green Beans Applesauce	12 Fish Sandwich/Cheese Tater Tots-West French Fries-High Pears Irish Jell-o Cake
15 Steak Nuggets BBQ/Ranch Dips Cheesy Mash Potatoes Green Beans Peach Crisp	16 Hot Ham 'n Cheese Corn Strawberries/Bananas Variety Grahams	17 Homemade Chili Shred Cheddar Cheese Peaches School Cinnamon Roll Crackers	18 Picnic Lunch Day!!! Turkey/Cheese/Bun Lettuce/Tomato/Mayo Chips/Fruit Snack Cookie/Juice Cup	19 Egg & Cheese Omelet Tri Taters Grapes Yogurt Cup Muffin
22 Pork Chop Patty Mashed Potatoes Gravy/Butter Chips Green Beans Blonde Brownie	23 Cream Chicken & Biscuits Peas Pineapple/Mandarin Mix School Cake	24 Pizzatas/Sauce Lettuce Salad Dressing/Croutons Mixed Fruit Peanut Butter Bar	25 Tater Tot Casserole Corn Peaches Raisin Oatmeal Cookie	26 Grilled Cheese Tomato Soup/Crackers Shred Mozza Cheese Mixed Vegetables Pears
29 BBQ Rib Sandwich Dill Pickle Spear Tater Tots Applesauce School Cake	30 Chicken Nuggets/Dips Mashed Potatoes Gravy/Butter Carrots School Cookie	31 State Fair Corn Dog Au Gratin Potatoes Green Beans Mix Fruit Ketchup/Mustard		

FREE AND REDUCED MEALS ARE AVAILABLE FOR ALL STUDENTS IN THE DISTRICT. CONTACT DEBBIE GOEDERS FOR MORE INFORMATION AT 852-2966, ext.206. DUE TO SHIPPING ERRORS,WE RESERVE THE RIGHT TO CHANGE ITEMS ON THE MENU. MILK AND PEANUT BUTTER /BUTTER SANDWICHES ARE AVAILABLE WITH EACH MEAL. THANK YOU FROM EHS FOODSERVICE !!

